



HOPE Guide

Huntsman Online Patient Education

Additional Information

In addition to the HOPE Guide, Huntsman Cancer Institute provides these resources:

The Cancer Learning Center is a free library with books and videos, computers with Internet access, and health educators to answer questions and locate information. Resources are available in English and Spanish. Call toll free **1-888-424-2100**.

The Huntsman Cancer Information Service provides free, personal responses to cancer information requests. Call **1-888-424-2100** toll free or e-mail patient.education@hci.utah.edu.

The HOPE Guide is an information resource only and is not intended to be a substitute for guidance or instruction from medical professionals. Patients are strongly advised to consult with their health care providers regarding questions of diagnosis, treatment, and follow-up care.



a reason to HOPE®

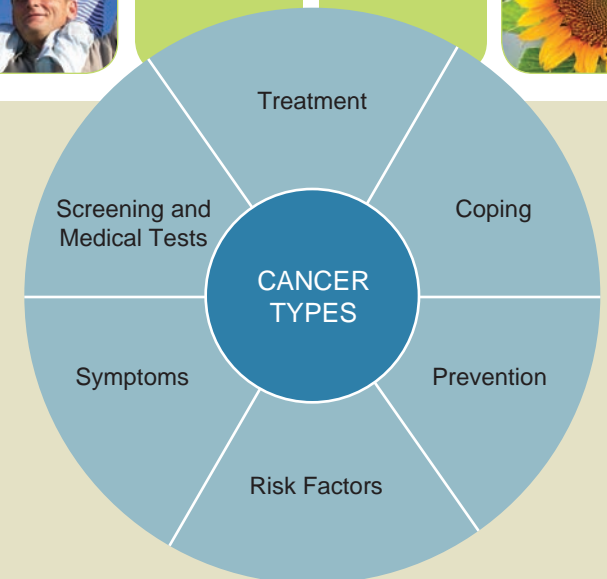


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07/08



*A free web resource
for cancer information*

What is the HOPE Guide?

The Huntsman Online Patient Education (HOPE) Guide is a free web resource provided by Huntsman Cancer Institute for anyone seeking cancer information. We offer information about and access to thousands of cancer-related resources, including the following:

- Brochures
- Medical and scientific journal articles
- Websites
- Fact sheets
- Cancer organizations
- Huntsman Cancer Institute clinics and programs
- Materials available in the Cancer Learning Center:
 - Books
 - DVDs
 - CD ROMs
 - Audio cassettes
 - Video cassettes

The HOPE Guide is easy to access and use. There is no registration or sign-up required. Simply visit hopeguide.org to start finding the answers and resources you need.



What does the HOPE Guide offer?

The HOPE Guide offers credible, medically reviewed cancer information. With so much health information on the Internet, it is hard to know what you can trust. We carefully select and review resources so our visitors access the most reliable, current, and helpful information. Most of the literature accessible through the HOPE Guide is published by internationally renowned cancer organizations and many patient education materials are written by Huntsman Cancer Institute staff.

The HOPE Guide offers information, resources, and assistance in English and Spanish. In addition, the HOPE Guide includes access to many multi-lingual websites.

The HOPE Guide offers information for everyone. Patients, caregivers, medical professionals, students, or anyone with a cancer-related question can find information to fit their needs. From easy-to-understand explanations of cancer types to technical descriptions of the science behind cancer, the HOPE Guide has a wide variety of information.

The HOPE Guide gets you in touch with a Cancer Information Specialist. Visit the HOPE Guide and select the Contact Us link, where you can submit your questions and have a Cancer Information Specialist contact you.

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No registration or sign-up is required.

Simply visit hopeguide.org.



What can I find in the HOPE Guide?

Our goal is to offer the highest quality cancer information to meet the various needs of cancer patients and their loved ones. The HOPE Guide includes information on the following:

- Cancer types and treatments
- Managing treatment side effects
- Caregiving
- Financial, travel, and legal assistance
- Support groups and coping
- Diet and nutrition
- Complementary and integrative medicine
- Cancer symptoms and early detection
- Cancer risk factors such as inherited conditions
- Diagnostic and medical tests
- Cosmetic changes and reconstructive surgery
- Fertility and intimacy after cancer
- Communicating with loved ones about cancer
- End-of-life and bereavement

You can access the HOPE Guide using any computer with Internet access. The Cancer Learning Center on the first floor of Huntsman Cancer Institute offers free Internet use as do local libraries. Visit us at hopeguide.org.